



Let's Keep Praying For

- Marion in hospital
- The church in Haiti
- Joan's granddaughter, Barb issues in building a house.
- Alex as she relocates to Hilton Head
- Ruby as she deals with maintenance chemo
- Anne
- Joan
- Brian as he struggles with Tinnitus
- Jerry M as he adjusts to long term care
- Betty, in long term care home
- Dan's father, Tim F
- Franco, cancer
- Chad's parents Marilyn and Roy. Health issues



Use this space to note an idea from the sermon that you would like to remember:

Kingston Church of Christ

Meeting at 446 College St., Kingston, ON K7L 4M7
 www.kingstonchurchofchrist.ca
 613-546-5409
 KingstonChurchofChrist@yahoo.com
Every member a minister

July 25, 2021

“Quote” of the week

"The Gospel is good news of mercy to the undeserving. The symbol of the religion of Jesus is the cross, not the scales."

—John R. W. Stott

Those Scheduled to Serve:

	Today	Aug 1	Aug 8
Song Leader	Glenn	Glenn	Glenn
Communion	Art	Chad	Art
Preaching	Chad	Art	Chad

Contributions: send to churchcollege@yahoo.com or leave in box in foyer.

Key to the Kingdom – Fridays 8:30 am on Vision TV

Bulletin: If you have news you would like to see shared in the bulletin, please get it to Art by Thursday noon (kingstonchurchofchrist@yahoo.com or 613-876-4605).

Visitors, Welcome to our gathering! Join us in worship and fellowship.

In these days of social distancing, we may not hug or shake your hand, but we welcome you into our gathering.

Please join us in worshipping God as we sing, pray and read the Bible. We also share communion each Sunday remembering the sacrifice of Jesus who gave himself to die for our sins. If you wish to partake with us, you are free to do so.

We hold the Bible to be God's inspired message for us and hold it in highest esteem.

If a question comes to mind, please ask it. We will try to help you find answers from God. If you would like to request a special prayer, please let us know.

Never Give Up

I ran across an illustration on Facebook the other day that went like this:

“During a BRUTAL study at Harvard in the 1950s, Dr. Curt Richter placed rats in a pool of water to test how long they could tread water. On average they’d give up and sink after 15 minutes. But right before they gave up due to exhaustion, the researchers would pluck them out, dry them off, let them rest for a few minutes – and put them back in for a second round.

In this second try – how long do you think they lasted? Remember – they had just swam until failure only a few short minutes ago...How long do you think? Another 15 minutes? 10 minutes? 5 minutes? 60 hours! These rats swam for another 60 hours before they gave up. The conclusion drawn was that since the rats BELIEVED that they would eventually be rescued, they could push their bodies way past what they previously thought impossible. If hope can cause exhausted rats to swim for that long, what could a belief in yourself and your abilities, do for you?”

While this illustration was made to show the value of believing in yourself, as Christians it’s more than just a belief in yourself! How much more could we endure if we hoped in the Almighty God?

As a Christian, remember what you’re capable of. Remember why you’re here. Remember the hope that is placed within us. Never give up. When you face ridicule for the godly choices you make, don’t give up. When you start to lose zeal and the fire begins to die. Don’t let it go out.

When life seems overwhelming and you’re drowning in stress, don’t quit. When health issues plague your body, don’t give up. Never give out, never give in, and NEVER give up. Remember the cross, remember the hope, remember the eternal home that will soon replace this temporary dwelling.

As a wise fish once said in a cartoon movie, “just keep swim-ming.” And we are given a beautiful reason why. In Philippians 3, Paul gives every Christian our motivation. Our reason why we should never give up. We stay motivated by pressing on (14).

What lies ahead? The goal, the prize, the upward call of God in Christ Jesus.

We press on by holding fast (16). Once you’ve got it, don’t let go. Look to those who have set the example (17).

Imitate the mindset of Paul and ignoring the enemies of the Cross. Paul pleads to them with tears (18). Don’t get distracted and don’t follow the wrong example. Finally we never give up by letting go

Read the New Testament in a Year

July 26-31

Mon	Ephesians 4:17-5:2
Tues	Ephesians 5:3-21
Wed	Ephesians 5:22-6:9
Thurs	Ephesians 6:10-24
Fri	Philippians 1
Sat	Philippians 2:1-11
Sun	make-up day



Marion was taken to hospital on Thursday evening with her heart racing. She is still there so she can have more tests done next week to try to determine the cause.

Camp Omagh is hosting its annual **Singspiration** next Sunday at 3:00 p.m. (rain date Aug 8-check at Omagh.org at 1:00 p.m. on 1st if in doubt). This will be an outdoor event limited to 60 people to ensure social distancing. Pre-registration is required. Go to <https://www.eventbrite.ca/e/singspiration-tickets-162440366509>

The July issue of **Gospel Herald** is available at www.gospelherald.org.

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(20). Let go of this world and what ties you to it. Our true home is in heaven.

We can find motivation and comfort in recognizing what we can accomplish and endure through Christ.

~ Carl Pollard