



**Let's Keep Praying For**

- Art and Ruby's friend, Gloria, with advanced cancer
- The people of Ukraine & other war-torn areas
- Betty
- Dale and Marion's health
- Brian as he struggles with health issues
- Cancer patients: Anne, Jen, Tim F, Chad's cousins Grace & Harold, Laura Lynn, Patti-Anne
- Chad's parents Marilyn and Roy. Health issues

Use this space to note an idea from the sermon that you would like to remember:

# Kingston Church of Christ

Meeting at 446 College St., Kingston, ON K7L 4M7  
 www.kingstonchurchofchrist.ca  
 613-546-5409  
 KingstonChurchofChrist@yahoo.com  
*Every member a minister*

Email [kingstonchurchofchrist@yahoo.com](mailto:kingstonchurchofchrist@yahoo.com) for zoom link to Bible study at 7:00 pm Wednesdays.

May 29, 2022

**“Quote”** of the week

"God never promises to remove us from our struggles. He does promise, however, to change the way we look at them."  
 —Max Lucado

**Scheduled to Serve:**

	Today	Jun 5	Jun 12
Chair	Art	Chad	Art
Preaching	Chad	Art	Chad

**Contributions:** send to [churchcollege@yahoo.com](mailto:churchcollege@yahoo.com) or leave in box in foyer.

**Key to the Kingdom** – Fridays 8:30 am on Vision TV

**Bulletin:** If you have news you would like to see shared in the bulletin, please get it to Art by Thursday noon ([kingstonchurchofchrist@yahoo.com](mailto:kingstonchurchofchrist@yahoo.com) or 613-876-4605).

*Visitors, Welcome to our gathering! Join us in worship and fellowship.*

Please join us in worshipping God as we sing, pray and read the Bible. We also share communion each Sunday remembering the sacrifice of Jesus who gave himself to die for our sins. If you wish to partake with us, you are free to do so.

We hold the Bible to be God's inspired message for us and hold it in highest esteem.

If a question comes to mind, please ask it. We will try to help you find answers from God. Please let us know of any way we can serve you.

## Living Undistracted in Our Relationships

A handful of sand has about 400,000 grains of sand in it. If you live 85 years and meet about a dozen people a day, you'll encounter this number of people during your life. When you think about it, it's just a handful of the 7.8 billion people who are all here on earth. With all of these people on the planet as we spin through the universe, there are bound to be a few friends who will let us down at some point. What should we do when that happens?

Relationships can be tricky. One thing we all have in common is that we are all balancing many relationships. So what do you do when things go sideways with someone you consider a friend?

A hope without a plan is just a wish. Don't wish for better relationships; have a plan for what to do when they become difficult. Having an action plan for relational difficulties is one way we can foster love, as Proverbs 17:9 says: "Whoever would foster love covers over an offense, but whoever repeats the matter separates close friends."

Here is an exercise I do when someone's words or actions rub me the wrong way. I ask myself these three questions:

1. What is the most generous explanation for what they are doing?
2. What is the most realistic explanation for what they are doing?
3. What is the most optimistic explanation for what they are doing?

Answer these three questions for yourself with a boatload of humility and honesty, and you'll have a terrific go to plan to right the ship rather than scuttle the valued relationships you are in.

*To be continued next week.* ~ Bob Goff

## News & Notes

**Thanks to Chad and Robyn** for getting the sandwich boards and putting them out each week.

**Food Cupboard:** Donations are always welcome.

**Pot Luck:** We will target June 26 as a time for sharing a meal together right after the morning service. All are welcome.

**Prayer Request:** Maria A has sent an email through our website. She is needing prayers for her family. She became a believer in Iran 8 years ago. Five years ago, they sought asylum through the UN High Commission for Refugees in Turkey. Life in Turkey has been difficult due to their lack of status in Turkey. Recently their request for refugee status was denied and they are in danger of being deported to Iran within 30 days. They fear that they will be imprisoned or worse as they are apostates according to Sharia law. Their two children would also be removed from them and raised according to Sharia law.

They are seeking a safe haven and an opportunity to raise their children as believers in Jesus.

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"In any museum we will find quite ordinary things - clothes, a walking stick, a pen, pieces of furniture - which are only of value because they were possessed and used by some great person. It is the ownership which gives them worth. It is so with the Christian. The Christian may be a very ordinary person, but he acquires a new value and dignity and greatness because he belongs to God. The greatness of the Christian lies in the fact that he is God's."

—William Barclay